

# TOPICS OF INTEREST TO EVERY WOMAN

Edited by JULIA CHANDLER MANZ.

## STOP LOOKING FOR FAVORS; BEGIN TO WORK FOR SUCCESS

Whoever You Are, Whatever You Are, You Owe a Debt to the World, a Debt Which You Must Pay Some Time, Somewhere.

By ELLA WHEELER WILCOX.

There are many people going through the world trying to do the impossible thing: trying to obtain something for nothing.

It cannot be done. There is a clause attached to every seeming gift which mortals receive, a clause saying, "For value received I promise to pay."

And every human being either has paid in this life or in past lives for his blessings, or is paying for them, or must pay for them.

The woman who has beauty must pay the price of suffering. If she does not realize her debt early, and pay interest by turning her personal charms to God's purposes by making herself a power for good.

The whole world is in love with beauty, and the influence of a fair woman, who has intelligence, high aspirations, an unselfish heart, and an ambition to make her life worth while, is greater than that of some strong-armed warrior or some man of vast learning. If she but knows it, beautiful women are sent into the world to sweeten and brighten and better it. We owe to her who shall inherit her debt and set forth to make herself a power for personal ends, and who worships, not the Creator who made her, but the mere mortal mold in which she is cast!

Interest shall yet be demanded of her, not 6, not 10, but 100 per cent, and she shall pay in tears and anguish of soul.

The men and women of wealth born in idleness need not imagine good fortune is theirs by mere right of birth.

It is only lent to them, and they must pay the interest by right living, by humanitarian methods of thinking and acting, and by a full sense of the nobility which obliges or suffers the final consequences.

Mental gifts, genius, talents—these are dangerous presents to receive from the Great Giver without a full consciousness that they necessitate a return.

For without this consciousness they become boomerangs and beat to earth those who take them and use them selfishly or thoughtlessly.

Whoever you are, whatever you are, you owe a debt to the world, a debt which you must pay some time, somewhere.

If you are poor and ill and homeless you owe it to the world to show how great is your divine self and how you can rise above all such conditions by there will be no consequences of the illimitable powers back of you.

Do Not Despair.

Once you fully realize this there is no miracle you cannot perform.

Never mind how late in life you begin, do not despair. For every effort you make to build yourself a new body and a new happiness and a new independence shall count just as much on your birthday the next step you take in life.

So start this very day to think of all you owe to the world, all you owe to humanity yet unborn, and all you owe to your own self.

Stop looking for benefits and favors and begin to work toward that success which will enable you to bestow rather than to receive; to pay debts rather than to incur them. And remember, this is the law.

Life is a miracle; always it demands the fullest, unselfish interest for each pleasure which we are given to enjoy.

We make mistakes for every borrowed treasure.

Back talk, self achievement, and each gain. Sometimes more than to pay.

Delight in the things that are yours. As certainly as darkness follows day.

All you owe on credit or on debt. Of love or hate, of good or evil. Somehow, some time shall be returned again. There is no wanted toll, no lost coin.

Almond Sandwich.

Use the paste made for almond biscuits. Divide and color the mixture prettily in two or three shades. If three shades, pink, natural, and green, look inviting. Roll one portion out thinly on a sugared board, keeping it in as neat a square as possible. Then roll out the others.

When all are rolled out brush the pink one over with water, lay on it the natural-colored one, brush this with water, and lay it on the green one, and press them all lightly together.

Brush the top over with chocolate that has been melted by putting it in a jar and standing the jar in boiling water, and sprinkle it over with the finest cocoanut. Leave till dry, then turn it carefully over and serve.

When the chocolate is set cut into square or any prettily shaped pieces you may favor.

Water Drinking.

To insure a clear, healthy skin, water should be taken freely between meals, and not at meals. A glass of pure water, not cold, taken upon rising and retiring, with six or eight glasses between meals, aids in washing the system of impurities, and also prevents wrinkles. Another beauty recipe is to eat two, instead of three, meals each day, from the ground.

Some authorities advocate going without breakfast, while others contend that the evening meal is entirely unnecessary. Two plain meals a day have been found by many to eliminate indigestion, biliousness, dyspepsia, and to reduce corpulence. If the stomach is rested, the overworked liver and other organs obtain a corresponding rest. Hot breads and rich condiments will produce facial blemishes, and this proves that a little care in eating is worth all the attention that can be given it.

To Clean Mucous.

Brain is used for cleaning and stiffening. To make brain water, take a couple of bran in muslin, put this into two plates of water in a clean saucpan and simmer until the water feels thin. Leave the muslin loose, to allow the brain to part with its gluten. A second and even third water may be taken off the bran in the same way. Brain has no destructive effect on colors and seems to act mechanically as an absorbent and to stiffen the article slightly.

It is most useful for colored embroidery or art work of any kind. Brain water is sometimes employed for the washing of cretonne with a colored background. The article is washed in the brain water, rinsed, wrung, rolled in a cloth and then ironed on the wrong side. The cretonne is better if slightly dried before the ironing process takes place.

## POEMS THAT TOUCH THE HUMAN HEART

Interesting Series that Every Woman Should Save.

Editor's Note—Every woman is invited to send me a copy of the poem nearest and dearest to her heart—the one that has given her fresh courage in some dark hour, renewed her hope, and uplifted her spirit. It does not matter how obscure the verses, so long as the thought contained in them is uplifting. The heart-throb poems sent me for this series will be published as fast as space permits, and will furnish every woman who clips and sends them a collection she could obtain under no one book cover. In copying your favorite poem for the series, please write only on one side of the paper.

### HER REWARD.

(Published by request.)  
A throng of women who had served the Lord  
Waited before heaven's gate for their reward.

Each shining soul had her fair record brought  
Of glorious service for the Master wrought.

One gentle one, whose life was full and long,  
With her great pen had slain a giant wrong.

With starving children this one's life was spent,  
To nameless outcasts hope that presence lent.

For dwarfed and stunted souls these labored well,  
And left love's blessings in the prison cell.

For poor humanity, sin-cursed and lost,  
They gave their lives, and counted not the cost.

Oh, they were bright and beautiful to see,  
Earth's fame had crowned them ere their souls were free.

But one there was who lone and trembling stood  
Among this throng of women great and good.

To whom the recording angel, speaking, said,  
"What dost thou here among the blessed dead?"

Bearing no record? Hast thou nothing done  
On earth where these their crowns of glory won?"

To whom she, weeping, said: "Let me return  
To that dear earth for which I sorely yearn!"

"The hearts that loved me all my service cost,  
Not any service for the Lord I wrought."

"Life was too short for me; when Death had come  
I had but made on earth a happy home."

"Ah! sayest thou so thou well-beloved and blest!  
Daughters of heaven, go in among the rest."

"The hearts that loved these thou shalt love again;  
None may return, but thou shalt lose thy pain."

"For thou shalt breathe in heaven thy native air,  
And in thy glorious mansion, great and fair."

"To the familiar all its joys shall come,  
Heaven is what thou hast left, a happy home."

—Frances Eliza Allen, in the Chicago Inter-Ocean.

## NEWS NOTES OF SUFFRAGE

From far-off China a few days ago came a check for \$1000 to the Woman's Political Union, to be used in suffrage work. The donor is anonymous.

Mrs. Mary Goggin, of Iowa, died at her home in Des Moines December 22, and was buried in the National Cemetery.

A gift of the College Equal Suffrage League in appreciation of services rendered them by Mrs. Nordica in San Francisco, when she delivered an open-air address from her automobile and pleaded for the enfranchisement of women.

Mrs. Pankhurst closed her American tour as principal speaker at a great mass meeting in Carmichael Hall on January 5. She was greeted with cheers and waving of banners, and more than \$1000 was subscribed to be used in legislative work in New York State. Total, with collection taken, was \$2,000.

A. T. JENKINS,  
Press Chairman, Suffrage Club.

Nightmare for Baby.

It is essential that infants and small children should be well protected at night, as they are very apt to kick the bed covering off, sometimes with serious results in the way of croup and colds.

Therefore, it is best to provide your children with long nightgowns made of damask or soft, thin flannel that completely cover their little feet.

Make the robe, or gown, perfectly plain, and have it button in front.

The back width is cut about six inches longer than the front and finished with a deep hem in which buttonholes are worked. Finish the front breadth with a hem, and sew on flat buttons; then, when baby goes to sleep, button the gown off at the bottom, so he cannot possibly uncover his little limbs.

The sleeves of the gown are made plain and long enough to cover the hands.

Above the hands a little casing is placed and a drawstring or ribbon serves to close the sleeves like the top of a bag, thus keeping little hands snug and warm.

If the drawing can be placed about the wrist and drawn up so it will keep the small arms from sudden chill.

Queer New Fur.  
Australian dingy cat.  
Scotch lambskin.  
Danish calf.  
Chinese kid.  
Wombat.  
Natural kook.  
Wallaby.

## PRACTICAL LONG COAT



For morning wear, shopping, walking, and for the woman living in the suburbs. The shops are showing them in all colors, or one may find the material at one's tailor to be made to order.

## BEST WAY TO WASH THE WHITE CORSET

In these days of sanitation everything must be washed. Here is a good way to wash a white corset. Make hot suds, using both white soap and naphtha soap with a little borax. A small tub is the most convenient. Place the corset in the suds and allow it to soak for about five minutes, then spread it on the washboard, upper side down. Use a small brush with a curved handle at one end. Brush downward only, and change the suds when necessary. Brush until clean, then drop the corset into clear, hot water, rinsing the suds by squeezing it with the hands. Hang in the sun to dry.

This process takes so short a time that there is no chance for the steels to rust the corset. Within a short time it reads itself as the figure it was before washing. The object of brushing it instead of washing with the hands is that the bones are not displaced and it is cleaned easier.

Basket Linen.

The English tailor-made in its most classic form calls for a skirt of the simplest make, and for this the highest class of Paris is to wear the plain morning skirt. This is of silk for winter wear, while its quantity distinguishes mark is the soft, white turn-down collar, from beneath which should fall a man's tie. The curious part of the soft collar, however, is that it rarely matches the material of the skirt. It is usually of a kind of basket linen, which catches the eye at once, but it looks very well when carefully put on.

After a number of days remove the cardboard, see the effect of the sun. Black, gray and black and white will stand hot sunlight and washing.

Rise garments in salt and water (one cup of salt to one gallon of water) before and after washing to set the colors. Do not dress children in black and in lavender, but in bright colors.

Wash woollen goods in warm, soapy water, rinse in clear water, pull into shape while drying and smooth with warm flat iron.

Strength test: Hold the cloth tight with the fingers, press down hard on it with the two thumbs, trying to break the threads.

Answers to the Questions That Are Asked by Everybody

Series of Poems.

Mrs. E. M. L.—The poem which you sent for publication in the series of favorite heart poems, has not yet been used. The publication of verses sent by you is necessarily slow owing to space limitation, and the great number received.

Wedding Feast.

Subscriber—A wedding breakfast may be served at any hour up until 12:30 p. m. A feast served between 12:30 and 1:30 would be called a luncheon. A wedding dinner or supper may be served from 1:30 until midnight.

Social Letter.

Mrs. Harry C.—The phrase "Dear Miss Blank" is informal and is not used unless the man and the woman know each other quite well in a social way. The phrase "My dear Miss Blank" is correct under any circumstance.

"Very truly yours" is not very gracious at the end of a social letter or note. "Very sincerely yours" is always polite and graceful. The ending "Very cordially yours" is rarely used between men and women, although it is not out of place between good friends. "Very faithfully yours" is an attractive old phrase that has come back into fashion, and has a good deal of dignity about it.

Cream Not Pie.

Housekeeper—One baked pastry shell, one pint of milk, three whole eggs and whites of two, one tablespoonful cornstarch, one cupful sugar, one teaspoonful almond extract, one pint whipped cream, and one cupful English walnuts ground fine. Beat the whole eggs and whites until thick, then add the sugar and cornstarch, stirred together, then add the milk. Place this mixture in a double boiler and cook, stirring all the time.

When thick, remove from the fire and allow to cool. When cold add the flavoring cream, whipped stiff. Then place this in the shell, flavor and garnish the remainder.

## NEWS NOTES OF WASHINGTON SHOPS

Seen Here and There by the Shoppers.

The new necklaces and pendants show increased length and are lacy in effect. There seems to be no deviation from the straight, slender lines in dress.

The rage for brilliant Oriental coloring is expressed in the new evening dresses.

A new style in the evening slipper is the extremely high-pointed tongue of kid.

Blue in all shades has acquired a decided vogue for the handsome tailored costumes.

Capes that are draped to make the figure look narrower are popular as evening wraps.

Heavy fur plush is a good substitute on a coat of fur if fur is out of the question.

Many French model gowns in light-weight woollens have fullness at the top of the skirt.

The long, close-fitting sleeve, with the flaring cuff over the hand, is very trim and chic.

The vogue for the complete dress, of whatever material, is far-reaching and greatly liked.

The most fashionable forms of colors are deep red and the rousing form. Cuffs are deep.

This season more velvets and brocades are used than chiffons and other transparent materials.

The very narrow tailored skirt, open at the side, is often seen among the new model gowns.

Black and white constitute the gentlewoman's color combination, no other being nearly so successful.

Taupe is the favorite color for the long separate wrap worn on the street. Wide scarfs of fur soften these.

The one-piece gown is very much preferred for all formal daytime functions to the tailored coat and suit.

The new fringed neck boxes are made of soft satin, often of two contrasting colors, as purple, green, or coral, with black and edged with a black fringe half an inch in width.

Mothers should learn how to distinguish materials which fade, shrink, spot or go to pieces.

Get samples and test the goods before buying.

Try the threads with the match test: wool may be recognized by the bad odor, there being none from cotton.

Hold the sample in a 5 per cent solution of caustic potash for 15 minutes. The caustic potash destroyed the wool and leaves the cotton.

Wool goods disappear entirely under this test.

Samples put in sunlight show the value of the different colors.

Shown in a woolen material will fade, but will hold its color better in cotton. Green, unless in fine goods, is risky. Beware of lavender or light blue.

Black in cotton shows the starch and often fades.

Dark blue changes little in woolen materials or gingham.

Red is good in wool.

Deep pink is the best color, as it fades evenly.

Cover one end of the sample with a piece of cardboard.

After a number of days remove the cardboard, see the effect of the sun. Black, gray and black and white will stand hot sunlight and washing.

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Social Letter.

## S. KANN-SONS & C.

811 St. & Pa. Ave.  
"THE BUSY CORNER"

Madam, Your Suit Is Here  
At a Reduced Price

Our entire stock, regardless of former cost or selling figures, now in these lots for immediate disposal.

Choice at \$7.95 \$17.50 \$25 Wore \$20-\$75

There are just 523 suits in the three groups, and if the selling of the past two days is any indication of the confidence you have in our sales the entire remaining stock will be gone when the bell rings at 6 p. m. Some are in one of our window displays, and some are in the window, then go to the Suit Store—Second Floor—for yours.

## FATHER DID NOT "SPARE THE ROD"

Used a Heavy Strap to "Break His Daughter's Spirit of Independence."

Charged with cruelly beating his pretty sixteen-year-old daughter, John T. Bond, of 66 M street northeast, a yard conductor in the employ of the Washington Terminal Company, was arraigned before Judge De Lacy in the Juvenile Court yesterday.

The punishment was alleged to have been inflicted with a stiff leather strap about two inches wide, a quarter of an inch thick, and eighteen inches long, which was submitted in evidence.

Naomi F. Bond, the daughter, told the court that her father had beaten her on a number of occasions, but that the most serious whipping had been administered on the morning of January 6 because the daughter refused to eat breakfast.

Bond said that Naomi had become headstrong, impudent, and disrespectful, and that he had reached the conclusion that nothing but corporal punishment would change her disposition. He said that the court that her father had beaten her on a number of occasions, but that the most serious whipping had been administered on the morning of January 6 because the daughter refused to eat breakfast.

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